



For Immediate Release

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New Berlin West Cross Country Team to Host Friendship 5K Nov. 12 to Benefit Project Unify and the New Berlin Food Pantry

New Berlin, Wis. – The New Berlin West cross country team, in conjunction with West’s Club Unify, will once again host its second annual Friendship 5K at Deer Haven Golf Course, 19180 W. Cleveland Ave., New Berlin, on Saturday, Nov. 12.

Runners start at 9 a.m. with walkers beginning at 9:30 a.m. There is also a free kids’ dash at 9:30 a.m. Pre-race registration begins at 8 a.m.

After a successful first year, the run focuses on the Special Olympics’ Project Unify ideals of creating equal opportunities and leadership capacities in athletic endeavors for students with and without intellectual disabilities.

Additionally, this year’s run/walk will serve as a kickoff to a school-wide food drive in which multiple service organizations and athletics teams will collect items for the New Berlin Food Pantry through Dec. 3. All items collected from the Friendship 5K and throughout the month will be donated to the food pantry in conjunction with a partnership with the Rotary Club of New Berlin.

The cost to register is \$30 per person, or \$25 if that runner/walker donates three canned goods. Proceeds go to the West cross country program, New Berlin Food Pantry and Project Unify.

If you are interested in being a part of this community event, find more information at nbwwikings.org/5k.

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